

Class 7 Review Sheet

1. When performing Range of Motion, how do you know which exercises to do? _____

2. When performing Range of Motion, return the extremity to the _____
position.
3. Patients will be more cooperative if you _____ every
step that you are doing.
4. When cleaning wet body openings (like the eyes, nose, mouth, genitals, anus, wounds, sores, rashes
or incisions), use the _____ method of cleaning.
5. When getting water for bathing, check the water to make sure it is warm (not hot, not cold) and ask
the _____ to check it to make sure it is comfortable.
6. Catheters are generally inserted and removed by _____, but
CNAs can perform these skills in some settings with additional training.
7. _____ are the ideal environment for pathogens to
multiply (warm, dark, moist, proteins and enzymes).
8. Always wipe _____ the urethra.
9. Drainage bags should never be positioned _____ the
patient's hips.
10. If a catheter comes out, put it in a safe place (in a bag) and _____
_____.
11. Urine must be measured on a barrier, on a flat surface and at _____.
12. When emptying the drainage bag the port can't touch _____.
13. When documenting how much urine was in the bag on the intake and output form, document in cc's
or _____.
14. Patients with catheters are at risk of developing a _____
_____ (also known as a UTI).
15. Anytime the patient is uncovered or undressed, we use a _____
_____ (also called a bath blanket).

1. read the care plan 2. starting (or beginning) 3. explain (or tell them) 4. leaves 5. patient 6. nurses
7. bladders 8. away from 9. above 10. tell the nurse 11. eye level 12. anything 13. ml's
14. Urinary tract infection 15. privacy blanket