

Class 5 Review Sheet

1. Flexion/Extension movement is an _____/_____ motion.
2. According to the care plan on the top of page 55, how many repetitions of this exercise will you do?

3. When cleaning dentures use **COOL / HOT** (circle one) water.
4. Dentures must be protected from breaking during cleaning by putting a _____ on the bottom of the sink.
5. During the aging process, as strength decreases, effort must _____.
6. When applying a gait belt, you must make sure it is snug enough by inserting _____ fingers between the belt and the patient.
7. When the patient's feet hit the floor, we talk about their _____.
8. Before _____ a resident, make sure there is nothing in your path.
9. After standing a patient using a gait belt, make sure you let them stand for a few seconds and ask if they are _____.
10. When washing any wet body openings (like eyes, ears, nose, mouth, genitals, anal area, wounds, sore, rashes or incisions), use the _____ method.
11. Whatever we _____, we rinse. Whatever we rinse, we _____.
12. When performing a partial bedbath, the following principles are used:
 - a. The _____ (done at the beginning of every skill)
 - b. _____ Rules (we need one to put clean supplies on)
 - c. _____ Rules (we need them to touch personal skin)
 - d. _____ Blanket (the patient is uncovered and undressed)
 - e. _____ Rules (don't let clean linens touch your uniform)
 - f. _____ Rules (whatever we wash, we rinse)
 - g. _____ Cleaning (we have to clean it before we store it)
 - h. The _____ (done at the end of every skill)

1. up/down 2. three 3. COOL 4. washcloth 5. increase 6. four 7. shoes 8. ambulating (or walking) 9. dizzy 10. leaves 11. wash, dry 12. a. Opening b. Barrier c. Glove d. Privacy e. Linen f. Washing g. Basin h. Closing