

Class 4 Review Sheet

1. The patient must remain in the _____ of the bed at all times.
2. Scoot toward me and _____ away when turning a patient.
3. Side rails are considered a _____ and cannot be used without a doctor's order.
4. An immobile patient should be turned every _____ hours around the clock.
5. If an immobile patient is not repositioned often, they are at risk of developing _____.
6. Side rails require a _____ order.
7. When turning a patient, remain _____ the patient's behind (always turn a patient _____ from you).
8. The main reason for performing foot care is to _____ the foot.
9. Whatever you _____, you rinse. Whatever you rinse, you _____.
10. After putting a bedpan under the patient in bed, you must put the head of the bed _____ to put the patient in a natural elimination position.
11. Whenever a patient is uncovered or undressed, you need to use a _____.
12. After the patient uses the bedpan, you must give them something to clean their _____.
13. You cannot carry an _____ container of urine through a room.
14. ROM exercises are done by CNAs to _____ function.
15. Flexion/extension is an _____/_____ motion.

1. middle 2. roll 3. restraint 4. two 5. pressure sores (pressure ulcers or decubitus ulcers) 6. doctor's 7. behind
- away 8. look at (or observe or inspect) 9. wash - dry 10. up 11. privacy blanket (or bath blanket) 12. hands
13. uncovered (or open) 14. retain (or maintain) 15. up/down